(Incorporated in Bermuda with limited liability)

(Stock Code: 383)

8 March 2024

Dear Shareholder,

Elections of Means of Receipt and Language of Corporate Communications

China Medical & HealthCare Group Limited (the "Company") is making arrangements for you to elect to receive corporate communications (the "Corporate Communications") (i) in electronic form on the Company's websites at www.cmhg.com.hk and www.cmhg.com.hk and www.cmhg.com.hk and www.cmhg.com.hk and <a href="www.cmhg.com.hk and www.cmhg.com.hk and www.cmhg.com.hk and <a href="www.cmhg.com.hk and www.cmhg.com.hk and <a href="www.cmhg.com.hk and www.cmhg.com.hk and www

To make your election, please mark **X** in the appropriate box on the enclosed reply form and sign and return it by post or by hand to the Company c/o the Company's branch share registrar and transfer office (the "**Share Registrar**"), Tricor Tengis Limited, at 17/F, Far East Finance Centre, 16 Harcourt Road, Hong Kong. If you post your reply in Hong Kong, you may use the mailing label in the reply form and need not affix a stamp on the envelope when returning your reply form. Otherwise, please affix an appropriate stamp.

If the Company does not receive a duly completed and signed reply form from you (or another response from you indicating that you object to receiving Corporate Communications in electronic form on the Company's websites) on or before 5 April 2024, you will be deemed, until you inform the Company otherwise by reasonable notice of not less than seven days in writing at the offices of the Share Registrar at the above address or by email to 383-ecom@hk.tricorglobal.com to have elected to receive all future Corporate Communications in electronic form on the Company's websites instead of receiving them in printed form. In that event, when the Company makes a Corporate Communication, it will only send to you notification that the Corporate Communication has been made available on the Company's websites. The notification will be sent to you by email (if you have provided an email address) or (if you have not provided an email address) by post to you at your address as it appears in the Company's register of members maintained by the Share Registrar.

You may at any time by reasonable prior notice of not less than seven days in writing to the Company (sent to the Share Registrar at the above address or by email to 383-ecom@hk.tricorglobal.com elect (i) to receive future Corporate Communications in printed form instead of in electronic form on the Company's websites (or in electronic form on the Company's websites instead of in printed form) or (ii) change the language in which you receive Corporate Communications in printed form. If you have elected (or are deemed to have elected) to receive Corporate Communications in electronic form on the Company's websites and for any reason have difficulty in obtaining access to Corporate Communications on the Company's websites, the Company will upon request send Corporate Communications to you in printed form free of charge.

Please note that English and Chinese versions of all future Corporate Communications will be available (a) in printed form from the Company or the Share Registrar on request and (b) on the Company's websites at www.cmhg.com.hk and www.irasia.com/listco/hk/cmhg/ and the website of the Stock Exchange at www.hkexnews.hk.

Should you have any queries in relation to this letter, please call the Company's telephone hotline at (852) 2980 1333 during business hours from 9:00 a.m. to 6:00 p.m. from Monday to Friday, excluding Hong Kong public holidays.

By Order of the Board of
China Medical & HealthCare Group Limited
Kong Muk Yin
Executive Director