

For the month ended (dd/mm/yyyy):

Monthly Return of Equity Issuer on Movements in Securities

To: Hong Kong Exchanges and Clearing Limited					
	ten Health Holdings Lim 3/2017	nited			
I. Movements in Authorised Share C	apital				
1. Ordinary Shares					
(1) Stock code : <u>8026</u> Des	scription: PROSTE	N HEALTH			
	No. of ordinary shares	Par value (State currency)	Authorised share capital (State currency)		
Balance at close of preceding month	2,500,000,000	HK\$0.10	HK\$250,000,000.00		
Increase/(decrease)	Nil		Nil		
Balance at close of the month	2,500,000,000	HK\$0.10	HK\$250,000,000.00		
(2) Stock code : N/A Des	scription:	N/	A		
	No. of ordinary shares	Par value (State currency)	Authorised share capital (State currency)		
Balance at close of preceding month					
Increase/(decrease)					
Balance at close of the month					

28/02/2017

2. Preference Shares			
Stock code : N/A	Description :	N/A	1
	No. of preference shares	Par value (State currency)	Authorised share capital (State currency)
Balance at close of preceding m	onth		
Increase/(decrease)		_	
Balance at close of the month			
3. Other Classes of Shares			
Stock code : N/A	Description :	N/A	L
	No. of other classes of share	Par value (State s currency)	Authorised share capital (State currency)
Balance at close of preceding m	onth		
Increase/(decrease)		_	
•			
Balance at close of the month			

II. Movements in Issued Share Capital

	No. of ordina	ary shares	No of preference	No. of other classes		
	(1)	(2)	shares	of shares		
Balance at close of preceding month	1,208,263,725	N/A	N/A	N/A		
Increase/ (decrease) during the month	NIL	N/A	N/A	N/A		
Balance at close of the month	1,208,263,725	N/A	N/A	N/A		

III. Details of Movements in Issued Share Capital

Share Options (under S Particulars of share option scheme including EGM	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		,		of issuer issued during the month	No. of new shares of issuer which may be issued pursuant
approval date (dd/mm/yyyy) and —		Movement du	ring the month		pursuant thereto	thereto as at close of the month
class of shares						the month
issuable	Granted	Exercised	Cancelled	Lapsed		
1. Exercise Price:	Nil	Nil	Nil	Nil	Nil	2,700,000
HK\$0.165						
(05/08/2011)						
Ordinary shares						
(Note 1)						
2. N/A						
(/ /)						
shares						
(Note 1)						
3. N/A						
(/ /)						
shares						
(Note 1)						
4. N/A						
(/ /)						
shares						
(Note 1)						
		Tot	tal A. (Ordinar			
			·	e shares) N/A		
			(Oth	ner class) N/A		

Warrants to Issue Shares of the Issuer which are to be Listed No. of new No. of new shares of shares of issuer issued issuer which during the may be issued pursuant month pursuant thereto as at Currency of Nominal value at Nominal value Exercised thereto close of the Description of warrants nominal close of during the at close of the month (Date of expiry - dd/mm/yyyy) value preceding month month month 1. N/A Stock code (if listed) Class of shares issuable (Note 1) Subscription price EGM approval date (if applicable) (dd/mm/yyyy) 2. N/A Stock code (if listed) Class of shares issuable (Note 1) Subscription price EGM approval date (if applicable) (dd/mm/yyyy) (/ /) 3. N/A / / Stock code (if listed) Class of shares issuable (Note 1) Subscription price EGM approval date (if applicable) (dd/mm/yyyy) 4. N/A Stock code (if listed) Class of shares issuable (Note 1) Subscription price EGM approval date (if applicable) (/ /) (dd/mm/yyyy) (Ordinary shares) N/A Total B. (Preference shares) N/A (Other class) N/A

Class and description	Currency of amount outstanding	Amount at close of preceding month	Converted during the month	Amount at close of the month	No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
1. N/A	<u></u>					
<u>-</u>	-					
Stock code (if listed)			- -	· 		
Class of shares issuable (<i>Note 1</i>)						
Convertion price						
EGM approval date (if applicable)						
(dd/mm/yyyy)	(/ /)					
2. N/A	<u> </u>					
						
Stock code (if listed)						
Class of shares issuable (Note 1)						
Subscription price						
EGM approval date (if applicable)						
(dd/mm/yyyy) 3. N/A	(/ /)					
3. 17/11	<u> </u>					
						
C414- (:f1:-4-4)						
Stock code (if listed) Class of shares						
issuable (Note 1)						
Subscription price EGM approval date						
(if applicable)						
(dd/mm/yyyy)	(/ /)					
4. N/A						
Stock code (if listed) Class of shares						
issuable (Note 1)						
Subscription price						
EGM approval date (if applicable)						
(dd/mm/yyyy)	(/ /)					
				nary shares) N/A ence shares) N/A		•
				Other class) N/A		

Any other Agreements or Arrangements to Issue Shares of the Issuer which are to be Listed, including Options (other

than under Share Option Schemes)

Full particulars including EGM approval date (dd/mm/yyyy), if applicable, and class of shares issuable:	No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
1. N/A		
shares (Note 1)		
2. <u>N/A</u>		
(/ /)		
shares (Note 1)		
3. N/A		
3. <u>N/A</u>		
(/ /)		
shares (Note 1)		
	37/4	
Total D. (Ordinary shares) (Preference shares)	N/A N/A	
(Other class)	N/A N/A	
(Other class)	11/11	

Other Movements in Issued Share Capital No. of new No. of new shares of shares of issuer which issuer issued during the may be month issued pursuant pursuant thereto as at thereto close of the month Type of Issue Class of shares issuable (*Note 1*) (/ /) At price : State currency Issue and allotment 1. Rights issue date: (dd/mm/yyyy) (/ /) EGM approval date: (dd/mm/yyyy) N/A N/A Class of shares issuable (*Note 1*) (/ /) State Issue and allotment Open offer At price: currency date: (dd/mm/yyyy) (/ /) EGM approval date: (dd/mm/yyyy) N/A N/A Class of shares issuable (*Note 1*) (/ /) At price : State currency Issue and allotment Placing date: (dd/mm/yyyy) (/ /) EGM approval date: (dd/mm/yyyy) N/A N/A Class of shares issuable (*Note 1*) (/ /) Issue and allotment Bonus issue date: (dd/mm/yyyy) (/ /) EGM approval date: (dd/mm/yyyy) N/A N/A

Type of Issue						No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the
Serip dividend		Type of Issue					month
Class of shares N/A N/A							
Class of shares repurchase of shares Class o	5.			(/ /)		
Class of shares				(/ /)		
Cancellation date : (/ /)						N/A	N/A
6. Repurchase of shares Cancellation date : (/ /							
EGM approval date: (/ / /)	6.		Cancellation date:	(/ /)		
Class of shares Class of s			EGM approval date:	(/ /)		
Tedeemed (Note 1) Redemption of shares Redemption date : (/ /			(44, 11111, 3333)			N/A	N/A
7. Redemption of shares Redemption date: (/ /) (dd/mm/yyyy) EGM approval date: (/ /) (dd/mm/yyyy) N/A N/A Class of shares issuable							
shares (dd/mm/yyyy) EGM approval date: (/ / /)	7	Redemption of		(/ /)		
Class of shares issuable 8. Consideration issue At price: State currency Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)	,.						
Class of shares issuable (Note 1) 8. Consideration issue At price: State Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)			EGM approval date: (dd/mm/yyyy)	(/ /)	N/A	NY/A
8. Consideration issue At price: State Issue and allotment date: (dd/mm/yyyy) EGM approval date: (dd/mm/yyyy)						<u>N/A</u>	<u>N/A</u>
date: (dd/mm/yyyy) EGM approval date: (/ /) (dd/mm/yyyy)							
(dd/mm/yyyy)	8.			(/ /)		
(dd/IIIII/yyyy) N/A N/A			EGM approval date:	(/ /)		
			(uu/iiiii/yyyy)			N/A	N/A

	Type of Issue					No. of new shares of issuer issued during the month pursuant thereto	No. of new shares of issuer which may be issued pursuant thereto as at close of the month
			Class of shares issuable (Note 1)				
9.	Capital reorganisation		Issue and allotment date : (dd/mm/yyyy)	(/ /)		
			EGM approval date: (dd/mm/yyyy)	(/ /)	N/A	N/A
			Class of shares issuable (Note 1)				
10.	Other (Please specify)	At price : State currency	Issue and allotment date : (dd/mm/yyyy)	(/ /)		
			EGM approval date: (dd/mm/yyyy)	(/ /)	N/A	N/A
				Ordinary s eference s (Other	hares	N/A	- - -

Total increase / (decrease) in ordinary shares during the month (i.e. Total of A to E):	(1)	NIL
	(2)	N/A
Total increase / (decrease) in preference shares during the month (i.e. Total of A to E):		N/A
Total increase / (decrease) in other classes of shares during the month (i.e. Total of A to E):		N/A
(These figures should be the same as the relevant figures under II above ("Movements in Issue	ued Sh	are Capital").)

Remarks (if any):
N/A
Submitted by: <u>Tricor Tengis Limited</u>
Title: Hong Kong Branch Share Registrar
(Director, Secretary or other duly authorised officer)
(Director, Secretary of other dary additions officer)
Notes:

State the class of shares (e.g. ordinary, preference or other).

If there is insufficient space, please append the prescribed continuation sheet.

1.

2.