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(Stock Code: 383)

NOTIFICATION OF BOARD MEETING

The board of directors (the "Board") of China Medical & HealthCare Group Limited (the "Company") is pleased to announce that a meeting of the Board will be held on Wednesday, 27 February 2019 at 11:00 a.m. at which the Board will, inter alia, approve the announcement of the interim results of the Company and its subsidiaries for the six months ended 31 December 2018 and consider the declaration of dividend, if any.

By Order of the Board

China Medical & HealthCare Group Limited

Fung Ching Man, Ada

Company Secretary

Hong Kong, 29 January 2019

As at the date of this announcement, the Board comprises: -

Executive Directors

Ms. Chong Sok Un (Deputy Chairman), Mr. Kong Muk Yin, Mr. Guo Meibao and Mr. Zhou Haiying

Non-Executive Directors

Mr. Zhou Liye (Chairman), Dato' Wong Peng Chong and Mr. Liao Feng

Independent Non-Executive Directors

Mr. Zhang Jian, Dr. Xia Xiaoning, Dr. Wong Wing Kuen, Albert and Ms. Yang Lai Sum, Lisa