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(Stock Code: 383)

NOTIFICATION OF BOARD MEETING

The board of directors (the "**Board**") of China Medical & HealthCare Group Limited (the "**Company**") is pleased to announce that a meeting of the Board will be held on Tuesday, 29 March 2022 at which the Board will, inter alia, approve the announcement of the annual results of the Company and its subsidiaries for the year ended 31 December 2021 and consider the declaration of dividend, if any.

By Order of the Board

China Medical & HealthCare Group Limited

Fung Ching Man, Ada

Company Secretary

Hong Kong, 16 March 2022

As at the date of this announcement, the Board comprises:

Executive Directors

Ms. Chong Sok Un (Deputy Chairman), Mr. Guo Meibao and Mr. Zhou Haiying

Non-Executive Directors

Mr. Zheng Zhen and Mr. Lai Hin Wing Henry Stephen

Independent Non-Executive Directors

Mr. Zhang Jian, Dr. Xia Xiaoning, Dr. Wong Wing Kuen, Albert and Ms. Yang Lai Sum, Lisa