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(Stock Code: 383)

NOTIFICATION OF BOARD MEETING

The board of directors (the "**Board**") of China Medical & HealthCare Group Limited (the "**Company**") is pleased to announce that a meeting of the Board will be held on Thursday, 25 August 2022, for the purpose of, among other matters, approving the announcement of the interim results of the Company and its subsidiaries for the six months ended 30 June 2022 for publication and considering the declaration of interim dividend, if any.

By Order of the Board
China Medical & HealthCare Group Limited
Leung Yuk Yi
Company Secretary

Hong Kong, 9 August 2022

As at the date of this announcement, the Board comprises:

Executive Directors

Ms. Chong Sok Un (Deputy Chairman), Mr. Guo Meibao and Mr. Zhou Haiying

Non-Executive Directors

Mr. Zheng Zhen and Mr. Lai Hin Wing Henry Stephen

Independent Non-Executive Directors

Mr. Zhang Jian, Dr. Xia Xiaoning, Dr. Wong Wing Kuen, Albert and Ms. Yang Lai Sum, Lisa