(Stock Code: 383)

PROXY FORM FOR ANNUAL GENERAL MEETING

I/We	Note 1		
of			
being	the registered holder(s) of Note 2		share(
of Hl	K\$0.0005 each in the capital of China Medical & HealthCare Group Limited (the "Company"), HEREBY APPO	DINT	
of			or Not
at Th	CHAIRMAN OF THE MEETING as my/our proxy to attend the Annual General Meeting (the "Meeting") (or as the Dynasty Club, 7/F, South West Tower, Convention Plaza, 1 Harbour Road, Wanchai, Hong Kong on Wednesday, our behalf in respect of the undermentioned resolutions (the full text of which as detailed in the circular accompany dicated below.	1 June 2022 at 11:00 a.m	and vote for me/us and o
	ORDINARY RESOLUTIONS	FOR Note 4	AGAINST Note 4
1.	To receive and adopt the Audited Financial Statements and the Reports of the Directors and the Auditor for the year ended 31 December 2021.		
2.	(i) (a) To re-elect Mr. Zhou Haiying as director.		
	(b) To re-elect Dr. Wong Wing Kuen, Albert as director.		
	(c) To re-elect Ms. Yang Lai Sum, Lisa as director.		
	(ii) To authorize the board of directors (the "Board") to fix their remuneration.		
3.	To re-appoint Auditor and authorize the Board to fix its remuneration.		
4.	(i) To grant a general mandate to the Directors to repurchase securities of the Company.		
	(ii) To grant a general mandate to the Directors to issue additional securities of the Company.		
	(iii) To extend the general mandate regarding the issue of securities of the Company by the amount of securities repurchased under the general mandate for the repurchase of securities.		

Date:

- Full name(s) and address(es) to be inserted in BLOCK CAPITALS. The names of all joint holders should be stated.
- Please insert the number of shares of HK\$0.0005 each registered in your name(s) to which this proxy form relates. If no number is inserted, this proxy form will be deemed to relate to all the shares of the Company registered in your name(s).

Signature Note 5:

- If any proxy other than the Chairman is preferred, strike out "or THE CHAIRMAN OF THE MEETING" and insert the name and address of the proxy desired in the space provided. ANY ALTERATION MADE TO THIS PROXY FORM MUST BE INITIALLED BY THE PERSON WHO SIGNS IT.

 IMPORTANT: IF YOU WISH TO VOTE FOR ANY RESOLUTIONS, PLEASE TICK "\sqrt{"THE BOX MARKED "FOR" BESIDE THE APPROPRIATE RESOLUTION. IF YOU WISH TO VOTE AGAINST ANY RESOLUTIONS, PLEASE TICK "\sqrt{"THE BOX MARKED "AGAINST" BESIDE THE APPROPRIATE RESOLUTION. Failure to complete any or all boxes will entitle your proxy to cast or not to cast his votes on the relevant resolutions at his or her discretion. Your proxy will also be entitled to vote at his or her discretion on any resolutions properly put to the Meeting other than those referred to in the notice convening the Meeting.
- This proxy form must be signed by you or your attorney duly authorised in writing or, in case of a corporation, must be executed either under its common seal or under the hand of an officer or attorney duly authorised.
- Where there are joint registered holders of any share of the Company, any one of such persons may vote at the Meeting either personally or by proxy, in respect of such share as if he/she were solely entitled thereto, but if more than one of such joint holders be present at the Meeting personally or by proxy, the one of the said persons so present whose name stands first on the register of members of the Company in respect of such share shall be entitled to vote in respect thereof.
- To be valid, the proxy form together with the power of attorney (if any) or other authority (if any) under which it is signed or a notarially certified copy thereof, must be deposited at the branch share registrar of the Company in Hong Kong, Tricor Tengis Limited at Level 54, Hopewell Centre, 183 Queen's Road East, Hong Kong or via the designated URL (https://spot-emeeting.tricor.hk/) by using the username and password provided on the notification letter sent by the Company as soon as possible and in any event not less than 48 hours before the time appointed for holding the Meeting or any adjournment thereof.
- The proxy need not be a member of the Company but must attend the Meeting in person to represent you.
- Completion and deposit of the proxy form will not preclude you from attending and voting at the Meeting if you wish.

PRECAUTIONARY MEASURES FOR THE MEETING

Please see page 1 of the circular of the Company dated 29 April 2022 for measures being taken to try to prevent and control the spread of the Novel Coronavirus (COVID-19) at the Meeting, including:

- compulsory wearing of surgical face masks for each attendee
- no provision of refreshments or drinks and no distribution of gifts
- limited capacity and appropriate seating arrangement for attendees

Any person who does not comply with the precautionary measures or is subject to any Hong Kong Government prescribed quarantine may be denied entry into the Meeting venue.

For your health and safety, the Company encourages you to consider appointing the Chairman of the Meeting as your proxy instead of attending the Meeting in

PERSONAL INFORMATION COLLECTION STATEMENT

Your supply of your and your proxy's (or proxies') name(s) and address(es) is on a voluntary basis for the purpose of processing your request for the appointment of a proxy (or proxies) and your voting instructions for the Meeting (the "Purposes"). We may transfer your and your proxy's (or proxies') name(s) and address(es) to our agent, contractor, or third party service provider who provides administrative, computer and other services to us for use in connection with the Purposes and to such parties who are authorized by law to request the information or are otherwise relevant for the Purposes and need to receive the information. Your and your proxy's (or proxies') name(s) and address(es) will be retained for such period as may be necessary to fulfil the Purposes. Request for access to and/or correction of the relevant personal data can be made in accordance with the provisions of the Personal Data (Privacy) Ordinance and any such request should be in writing by mail to the Company/Tricor Tengis Limited at the above address.